



17 Cedar Avenue  
Pointe Claire, QC H9S 4X9  
Telephone: 514-798-0792  
Fax: 514-695-3480

Dear Parents / Guardians,

There are students attending Clearpoint with allergies to peanuts and/or nuts.

**In accordance with the policy at Clearpoint, peanut butter and nutella sandwiches are strictly forbidden.**

We ask therefore that you not send in any peanut butter or Nutella sandwiches with your child.

In a classroom, cross-contamination is the greatest risk from this type of allergy. Cross-contamination is when a few crumbs from one child's snack are dropped and then picked up by an allergic child. **Even a small amount can be fatal.**

We are also asking you to avoid sending in the following peanut related products:

|                        |                      |              |
|------------------------|----------------------|--------------|
| Peanut oil             | Ground Nuts          | Mixed Nuts   |
| Nu-Nuts Flavoured Nuts | Peanuts              | Peanut Flour |
| Chocolate Candies      | Chocolate Candy Bars | Nougat       |
| Marzipan               |                      |              |

Please be especially careful about sending any of the above food items during class parties or other special events.

It is difficult at the best of times to get children to eat healthy snacks. However, we hope that you will appreciate the seriousness of this situation and that you will assist us at the school in our efforts to create as safe an environment as possible. With your cooperation we can minimize the risk of an allergic reaction.

Sincerely,

Mr. David Estok  
Principal