

# How We Express Ourselves—Cycle 1

*Year long unit*

## Who art Thou?



### Lines of Inquiry:

**Form:** The different types of feelings

**Perspective:** How people in different cultures express themselves in different ways through the arts

**Reflection:** How individuals have unique ways to express their feelings.

**Attitudes:** Curiosity and Tolerance

**Skills:** Research and Connection

### Transdisciplinary Theme:

**How we express ourselves:** An inquiry into the ways in which we discover and express ideas, feelings, nature, culture, beliefs and values; the ways in which we reflect on, extend and enjoy our creativity; our appreciation of the aesthetic.

**Central idea:** People can express their feelings though different forms of art.

### Summative Assessment:

The children will be working on an individual project that will be done both at home and at school. They will be asked to choose a feeling-emotion and express it using 2 different art forms. For example, what does it look like (art), sound like (music), feel like (dance)?

More details to follow.

As always, if you can contribute to our unit in any way, please contact us. For example, if you have any artistic talents that you would like to share with us via Zoom, we would love to share it with us. (ie. Painting, dance, music, pottery, plasticine, poetry, etc.)

The grade 1 team